

RESOURCE GUIDE:



Eastern Equine Encephalitis (EEE)

QUICK LINKS:

What is EEE?

Experts from
Boston Children's Hospital
explain

[Click here to read more](#)

CT DPH Guide to Insect Repellent

Take steps to protect yourself!

[Click here to read more](#)

Preventing Mosquito Bites

CDC guidelines on bite prevention

[Click here to read more](#)

Resource Maps

EEE in CT: [click here](#)

CT Mosquito Trapping & Testing

Program: [click here](#)



In light of the recent cases of Eastern Equine Encephalitis (EEE) in the State of Connecticut, CRPA has compiled the following resources for our members to help you **educate your residents** and to help departments **determine how to respond** in the event a case is found in your municipality.

- [Map of EEE in CT](#)
- [State of CT Trapping and Testing Program](#)

CRPA **urges departments to coordinate efforts** with your local public health district, DEEP (if applicable), your Board of Education, and your Town Manager or Mayor to follow procedures you feel are appropriate for your town.

**Below are a few suggestions
of steps you can take:**

1. EDUCATE YOUR RESIDENTS

- To **reduce the risk of being bitten** by mosquitoes residents should:
 1. Minimize time spent outdoors between dusk and dawn when mosquitoes are most active.
 2. Be sure door and window screens are tight fitting and in good repair.
 3. Wear shoes, socks, long pants, and a long-sleeved shirt when outdoors for long periods, or when mosquitoes are most active. Clothing should be light colored

- and made of tightly woven materials that keep mosquitoes away from the skin.
- 4. Use mosquito netting when sleeping outdoors or in an unscreened structure and to protect small babies when outdoors.
- 5. Consider the use of mosquito repellent, according to directions, when it is necessary to be outdoors.

- **Provide information to your residents** on the EEE virus and protective measures to take:

1. [What is EEE? Experts from Boston Children's Hospital explain](#)
2. [CT DPH Guide to Insect Repellent](#)
3. [CDC Guidelines on Preventing Mosquito Bites](#)

2. LIMIT FIELD USE

- Consider canceling outdoor afterschool and recreational sports until the first frost (or look into providing indoor space if possible)
- Consider closing ballfields and parks at 5:30 pm (or from dusk to dawn) until the first frost
- If ballfields are lit and on timers reset timers so they don't turn on. This way the public will not feel invited into the space at night.
- Alert the public of closures via social media, websites, email blasts, and a press release

3. CONSIDER PESTICIDE APPLICATIONS if this is appropriate for your situation



CONNECTICUT
RECREATION & PARKS
ASSOCIATION

